





















# Rec at Home: Pre-School Edition for February 2021

<p>1</p>  <p>Who wants to make the Hearts Dance? Using conversation hearts, baking soda, &amp; vinegar in a clear bowl or jar and watch them dance!</p>	<p>2</p>  <p>Can you paint with a pipe cleaner? Yes, you can! You'll need pipe cleaners, construction paper and yes... paint!</p>	<p>3</p>  <p>Let's play Musical Hearts!!!! Cut out heart shapes from construction paper, add kid friendly music and we have a party!</p>	<p>4</p>  <p>Healthy Heart Exercises: Hop in place for 2 minutes.</p>	<p>5</p>  <p>It's story time! Let's read <i>Pete the Cat Valentine's is Cool</i></p>
<p>8</p>  <p>It's story time! Grab your umbrella ... .Let's read <i>The Day it Rained Hearts</i></p>	<p>9</p>  <p>Let's make a Love Bug! You'll need a paper plate, red construction paper, and wiggle eyes!</p>	<p>10</p>  <p>It's story time! Get ready to read <i>There Was An Old Lady that Swallowed a Rose!</i></p>	<p>11</p>  <p>Can you make a Heart Dog with hearts? You'll need red and black construction paper.</p>	<p>12</p>  <p>Healthy Heart Exercises: Let's get ready to jump! Jump 10 times pause and jump again!</p>
<p>15</p>  <p>Healthy Heart Exercises: Do 20 jumping jacks, turnaround &amp; do 20 more! Repeat &amp; reverse!</p>	<p>16</p>  <p>Let's go on a Heart Scavenger Hunt! See how many hearts you can find inside and outside the house!</p>	<p>17</p>  <p>Ready to make a Valentine! Let's make cards for family &amp; friends using red and white paper with lots of hearts!</p>	<p>18</p>  <p>Make a puppet out of hearts! Use heart shapes, construction paper, popsicle sticks, pom poms and glue.</p>	<p>19</p>  <p>Butterflies &amp; hearts! You'll need a heart with heart shapes, glue, red &amp; purple paper.</p>
<p>22</p>  <p>Hear ye queens &amp; kings! Make a crown of hearts. You'll need white paper, pipe cleaners and lots of hearts!</p>	<p>23</p>  <p>Can you make a monster with pom poms? You'll need pom poms, paper, glue, pipe cleaner &amp; wiggle eyes.</p>	<p>24</p>  <p>It's story time! Let's read <i>The Love Monster! Grrrrr!</i></p>	<p>25</p>  <p>Healthy Heart Exercises: Run in places for 2 mins, stop &amp; run in place backwards for 2 mins!</p>	<p>26</p>  <p>Get your paper plate heart puppet with heart shape and white paper</p>